

Mick and his family, Ride Like Crazy 2009

5th October 2009

Dear Crazy participants,

In September 2008 Mick 'Crazy' Koerner, 43 years, was sadly diagnosed with a brain tumor, not long after running the City to Bay Fun Run. A Senior Sergeant in the Star Group Mick was at his physical peak and in a great place with life in general. A biopsy revealed the tumor to be a glioblastoma multiforme 4 which in medical terms is the 'King of the jungle' as far as brain tumors go so the future looked bleak.

After some 2 weeks and some initial set backs Mick was sent home with a prognosis of a couple of weeks but the Doctors did not estimate Mick's spirit, stubbornness nor drive to do things on his terms! He was told that he would certainly never work again, swim, or ride his bike (a new found passion) - all pursuits that Mick held dear and he would prove them wrong on all counts over the ensuing months.

'Ride Like Crazy' was initially a 'small' event organised by Mick's work colleagues - an event worthy to challenge any foolhardy rider and definitely not for the faint hearted. This ride created a huge momentum and proved to be a spectacular event in very 'trying' conditions, much to the delight and amusement of Mick who had to be content watching from a car window. The support and love generated was like a wave of camaraderie, generosity and friendship which involved an overwhelming amount of riders, volunteers, friends and observers - most people that had been involved in Mick's life, some who came along for the ride!

It is with our families blessing and delight that 'Ride Like Crazy' will continue. It is our desire that the "Spirit of the ride" remains and grows each year and that benefits can be channeled to assist families like ours struggling against the ravages of cancer.

We wholeheartedly thank the SA Police Department for their generosity and dedication in continuing this cause and for being such a support to us during this most difficult of times.

We urge that you treasure every healthy day of your life and live it to the fullest like Mick did, so get your bikes and lycra out and 'Ride like Crazy' - coz you can!

Sincerely yours, Mick, Jody, Laura, Sarah and Thomas Koerner

(mickyk@adam.com.au)

At the time of writing this letter one year on from diagnosis, Mick's journey is getting increasingly difficult but he continues to smile, infuriate and push himself and those around him to enjoy and embrace all that life has to offer. He is constantly surrounded by his wife, three beautiful children and close friends in the comfort of his home.